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Your personal insights, Leonardo

1 message

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To: leonardo.prasetyo5@gmail.com



CAREERS

**YOUR PERSONAL INSIGHTS**

Your fresh insights - just for you

Hello Leonardo,

Thank you for completing your chat interview. Based on your responses, we've put together a few insights into your working style. These insights are designed to offer ideas for your ongoing growth.

If you're keen to understand how we came up with these insights, click [here](#).

INSIGHTS

Here are the key attributes we learned about your working style:



Insight 1

You seem empathetic and tuned in to both your feelings and the emotional needs and feelings of others. At work, this can help you notice what's going on in a team before anyone says it out loud.

Insight 2

Rocking the boat doesn't seem to be your style. You give the impression of someone who's skilled at tactfully navigating tricky situations. That kind of cooperation is really useful when things get hectic.



Insight 3

Outgoing and sociable seems to describe you well. You appear generally positive and confident in social settings. At work, that kind of ease around people can help others feel more comfortable too.

Insight 4

Others see you as fairly reliable and you are pretty good about managing your time. You don't always need to schedule everything out on a to-do list in order to get your tasks done, which is why people generally see you as easy going.



Insight 5

The team's success seems to matter to you as much as your own, which likely makes you a valuable team member. Public recognition probably isn't your main driver, but you do seem to appreciate being recognised for your contributions.

Insight 6

Tradition, stability, and security likely matter to you. You probably aren't someone who takes risks without good

evidence that it'll be worth it. At work, that careful, measured approach can protect teams from costly mistakes.



WORKING STYLE REFLECTION

Reflect on a recent situation when you felt hurt by someone's comments or actions. How did you feel, what did you say, and what happened when you reacted? What might you do next time to help you manage your reaction?

SUGGESTIONS FOR YOUR JOURNEY

1

Practice relaxation techniques such as deep breathing, meditation, or visualization. These techniques can help you calm your mind and reduce anxiety.

2

Remind yourself that all things come with some level of risk, but also benefit - we lose out on many opportunities without the leap.

3

Build the muscle of saying "no". Define your boundaries and be firm in living by them.

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Tell us how we did

Warm Regards,
Woolworths Talent Acquisition Team



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